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## Under 10 Information Sheet 2018/19 – North Cronulla SLSC

Birth Date Falls Between: 01/10/2007 to 30/09/2008

- Parents/Carers **MUST** be with their child at ALL times.
- Children are encouraged to carry their own bag with them; this should include Towel, Drink Bottle, Goggles & extra Sunscreen.
- All children must sign **ON** before 8.45am each Sunday morning & sign **OFF** at the finish each day. You must advise your Squad Leader if leaving early.
- Children are to wear their Squad Cap during Nippers; these identify which age group they are in. The cap **MUST** be removed at the completion of Nippers

### Under 10 = **YELLOW**

- It is advised that the children wear a Rash Shirt (optional) whilst at Nippers & that Sunscreen is applied prior to the start of Nippers.  
During events on the Beach it is requested that parents assist the squad leaders when asked. (*Parent helpers MUST be financial club members*)
- SLSA have minimum requirements for Nippers' proficiency. At North Cronulla, Nippers will not be able to compete in the ocean, unless they successfully undertake a timed pool swim (200M in 6 minutes). Nippers achieving this level (Pool Swim) will also need to complete an "Open Water Swim" to qualify to compete at carnivals.
- **This age group uses Foam Boards; they cost \$450 each, so we ask that care be taken when carrying them to the beach & during use. Please make sure they are returned to the Gear Shed after Nippers.**

### COMPETITION:

- Nipper Club Championship - Point-score events will be held at North Cronulla for this age group, these events include Beach Sprint, Beach Flags, Surf Swim & Board. Children **MUST** have **100%** attendance to qualify for these events see Nipper calendar for information.
- This age group can experience Competition if desired at outside Carnivals. It is not compulsory, but the Club does encourage attendance. The events available for the Under 9's & 10's include Beach Sprint, Beach Flags, Surf Swim & Board. There are also team events such as Beach Sprint Relays, Surf Teams & Board Relay. (Teams will be selected by the Team Manager)
- Branch & State Carnivals are invitation events & persons are chosen by the Team Manager & Selection Committee  
**CHILDREN MUST HAVE OBTAIN EDUCATION AWARD AND SLSA PROFICIENCY TO COMPETE - CLUB COSTUME AND COMPETITION CAP MUST BE WORN AT ALL CARNIVALS**
- North Cronulla SLSC will give the children education regarding Water & the Surf; however it is the Parents' responsibility to have their child taught to swim.

### PHOTOS:

- If wishing to take photos of your child, **PLEASE** advise the Squad Leaders & other parents within the group prior to doing so. If you notice someone taking photos who shouldn't be, please notify your Squad Leader, a Committee Member &/or a Patrol Person.

### BBQ DUTY AND BEACH SET UP AND BEACH PULL DOWN

- There will be **ONE** day during the season when your Age Group will be rostered on to do **COMPULSORY** duty to assist with the smooth running the of Club.
  - Duties included "Beach Set Up/Close Down", "BBQ Duties" & "Clean Up". Age managers will advise of your responsibilities, so please assist your Squad & work together to make the day successful.

We hope you & your child enjoy the North Cronulla experience, whilst encouraging competition our aim is to organize "Safe Family Fun" days for all to enjoy.

Look forward to seeing you on the Beach.  
*The North Cronulla Nippers Committee*