



Founded 1925

**NORTH
CRONULLA**
SURF LIFE SAVING CLUB

Skills Maintenance (Proficiency)

Every year you must complete a skills maintenance (proficiency) by 31 December. It is a refresher of your awards to make sure you are still competent to patrol or to compete. THIS MUST BE COMPLETED EVERY YEAR.

Annual proficiencies are required for the following awards: SRC, Bronze Medallion, Advanced Resuscitation Techniques (ART/ARTC), Spinal Management, IRB Crew & Driver, Gold Medallion Silver Medallion Aquatic Rescue.

To patrol, or to be able to compete, you must be proficient in SRC or Bronze Medallion. If you are not proficient by 31 December then you will not be able to patrol or to compete from 1 January.

Only awards gained after 30 June, in a particular year are then proficient in that award until 31 December in the following season.

For Example:

- I gained my bronze medallion on 24 April 2022 (before 30 June).
Therefore, you must complete a Proficiency by 31 December 2022
- I gained my Bronze Medallion on 13 October 2022 (after 30 June).
Therefore, you must complete a Proficiency by 31 December 2023.

Please see the Proficiency Timetable page for when Award Proficiencies will be run in the season.